# Gender-Affirming Care for Minors: The Basics

## DISTANCE LEARNING

## **COURSE SCHEDULE**

- Defining Gender-Affirming Care & Informed Consent
- The Current Debate
- Fear-Based Questions
- Identifying Unethical & Illegal Practices
- The Role of the Clinician
- Conclusion & Invitation for Further Learning

## COURSE DESCRIPTION

With increasing instances of transphobic legislation, gender affirming care for minors is once again in the national spotlight. Transgender and non-binary youth are disproportionately burdened by stigma, discrimination, and lack of competent support. Minors as well as their parents/guardians are looking for support. It is imperative that therapists understand the context of the current debate, legal and ethical standards of care, and the role of the therapist in the journey of a trans, non-binary, or questioning youth.

#### **EDUCATIONAL GOALS**

This course will explain the basic tenets of gender affirming care (the globally accepted standards of care for serving trans, non-binary, and questioning youth and family). These concepts will be reflected through an overview of current debates, legal and ethical expectations of the clinician, considerations for the well-being of this minoritized and high-risk population, and overview of what competent care looks like in the therapy room.

## **LEARNING OBJECTIVES**

- Participants will be able to define gender-affirming care
- Participants will be able to identify the current debate
- Participants will be able to distinguish current unethical practices from globally accepted standards of care
- Participants will be able to explain the legal, ethical, and functional role of the clinician in supporting trans, non-binary, and questioning youth and their families

#### **INSTRUCTOR INFO**

Traci Medeiros (she/they) completed their BA in Critical Gender Studies with a Focus in Sexuality at UC San Diego and their MA in Counseling Psychology at Argosy University. Their clinical focus has been on supporting the healing and identity solidification of LGBTQ, Non-Monogamous, Kink, and Sex-Worker identified folks. Their educational model incorporates the necessity of attending to social location in building egalitarian learning spaces and centers the knowledge of minoritized lived experiences.

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## TARGET AUDIENCE

This is an introductory course for the unfamiliar clinician looking to understand the current debate around gender-affirming care for minors and receive an introduction to the current standards of care for this population.

## **COST OF COURSE: FREE**

3 CEs are Available by Donation (\$5/\$15/\$25), dependent on completion/submission of course evaluation and post-test.

No cancelations or refunds will be honored for this course.

## **ACCOMMODATIONS**

To request accommodations for special needs, please email the Program Administrator at info@gatherandgrowoc.com.

#### **GRIEVANCES**

To obtain the grievance policy or report, please email info@gatherandgrowoc.com or call 714-248-5185.

## **CERTIFICATES**

Course Completion certificates will be awarded at the end of the course upon donation once course evaluation and passing post-test is received.

COURSE MEETS THE QUALIFICATIONS
FOR 3-HOURS OF CONTINUING
EDUCATION CREDITS FOR LMFT'S,
LCSW'S, LPCC'S, AND LEP'S AS
REQUIRED BY THE CALIFORNIA
BOARD OF BEHAVIORAL SCIENCES.

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