



## Clinical Vignette #2

**A 13-year-old reaches out to you stating that they are transgender and need support. They state that their parents are unsupportive.**

*What are your initial thoughts? What other questions might you want to ask or information might you want to gather about the family and the environment?*

*How do you navigate treatment of a minor around gender with unsupportive parents?*

*Where could you point the 13-year-old for support? What advocacy could you offer?*

*Work through these questions first and then open “Open CV#2 Reflections” for guided support. We encourage you to practice responding in your head or (even better!) with a colleague out loud. Working with a young teen around gender can be complicated but it is possible to offer support and encourage agency at a developmentally appropriate level. While gender-affirming care reminds us that our job is NOT to weigh in on a client’s identity (even a minor client), we are there to support them in practicing discernment around their mental health and well-being.*