



# Clinical Vignette #1

**Parents of a 3-year-old come to you upset. They report that their child has started to exhibit a lot of ‘behavioral issues.’ After further conversation, you identify that the conflict seems to be centered around choosing clothes and childcare activities where the children are split up by gender.**

*What are your initial thoughts? What other questions might you want to ask or information might you want to gather about the family and the environment?*

*If it becomes clear that the child is starting to advocate for their gender, what would be your recommendations for treatment?*

*Where could you point the parents and the family towards for other support?*

*Work through these questions first and then open “Open CV#1 Reflections” for guided support. We encourage you to practice responding in your head or (even better!) with a colleague out loud. It can be challenging to stay grounded and communicate this information clearly and succinctly when interacting with anxious parents who may come in with fear-based questions. Remember that they may be receiving a lot of feedback/opinions about their situation. This can be overwhelming. Helping them remember that that everyone has the same goal (i.e. child’s best care and most authentic life) is a good place to start!*